



JCS' Kosher Senior Café

OCTOBER 2025 MEALS



MON

TUE

WED

THU

FRI

Seniors and adults with disabilities of all faiths and backgrounds are welcome to attend.

6
Tossed Salad
American Chop Suey
Sauteed Peas
Whole Wheat Bread
Fresh Fruit

7
Closed
Sukkot

1
Vegetable Soup
Hot Dog & Bun
Baked Beans
French Fries
Fresh Fruit

8
Closed
Sukkot

2
Closed
Yom Kippur

9
100% Fruit Juice
Chicken Salad
Sandwich
Chips
Baby Carrots
Fresh Fruit

3
Chicken Soup
Teriyaki Chicken
Rice Pilaf
Green Beans
Oatmeal Cookie
Challah

10
Chicken Soup
Grilled Chicken
Roasted Potatoes
Zucchini
Chocolate Mousse
Challah

13
Closed
Columbus Day & Indigenous Peoples Day

14
Closed
Shemini Atzeret

15
Closed
Simchat Torah

16
Vegetable Soup
Vegetable Quiche
Home Fries
Fresh Fruit

17
Chicken Soup
Crumb Topped Flounder
Mashed Potatoes
Carrots
Strawberry Cake
Challah

20
Split Pea Soup
Shepherd's Pie with Mashed Potatoes, Peas, and Carrots
Fresh Fruit

21
Bean Soup
Fresh Potato Latkes W/ Sour Cream & Apple Sauce
Tossed Salad
Fresh Fruit

22
Barley Soup
Hamburger on a Bun
Tater Tots
Cole Slaw
Fresh Fruit

23
100% Fruit Juice
Pizza Bagel
3 Bean Salad
Fresh Fruit

24
Chicken Soup
Chicken Cacciatore
Zucchini
Brown Rice
Fresh Fruit
Challah

27
Vegetable Soup
Mushroom Pizza
Greek Yogurt
Fresh Fruit

28
Caesar Salad
Chicken & Rice Burrito
Corn & Bean Salad
Fresh Fruit

29
Tossed Salad
Vegetable & Cheese Quesadillas
Salsa, Sour Cream
Brown Rice
Fresh Fruit

30
100% Fruit Juice
Turkey Sandwich
Lettuce & Tomato
Potato Chips
Fresh Fruit

31
Chicken Soup
Lemon Chicken
Cous Cous
Mixed Vegetables
Apple Cake
Challah

Meals are served

Monday - Thursday at
The Dwares JCC
401 Elmgrove Ave
Providence, RI
Monday - Thursday
and at

Temple Sinai
30 Hagen Ave, Cranston, RI
on Friday

Reservations are required
Please call Neal Drobnis
401-421-4111 X 107

Suggested \$3.00 Donation

Contact Tim at
Blackstone Health with
concerns regarding
food allergies: 401-365-1101

Join us on Zoom or in-person
for Activities before lunch!
See back side for
the weekly schedule!

Sponsored by





**Blackstone
Health**



Kosher Senior Café

- The Kosher Senior Café, held in Providence (Monday–Thursday) and in Cranston (Friday), offers delicious kosher lunches and an opportunity to socialize. For those who are unable to travel, JCS also offers Kosher Meals on Wheels.
- Activities and entertainment contribute to the social atmosphere, drawing attendees into a vibrant community.
- All seniors (regardless of religion) age 60 and older, as well as younger adults with a disability, are eligible to dine at the Kosher Senior Café.
- Reservations are required two days in advance for meals. There is a suggested donation of \$3 per meal to help cover costs of the café. (All donations are made anonymously, and no eligible participant will be turned away if they are unable to donate.) There is no charge for scheduled social activities.

OCTOBER 2025 ACTIVITIES

MON	TUE	WED	THU	FRI
		1 Chair Yoga 	2 Closed Yom Kippur	3 URI Pharmacy History of Antibiotics
6 Poetry Slam	7 Closed Sukkot	8 Closed Sukkot	9 Introduce Yourself to Yourself	10 Big Money Bingo
13 Closed Columbus Day & Indigenous Peoples Day	14 Closed Shemini Atzeret	15 Closed Simchat Torah	16 Book Club	17 Birthday Music Joe Holtzman and Friends
20 Game Day	21 Be Aware of Every Moment	22 Chair Yoga 	23 Cooking with Sherri	24 Big Money Bingo
27 Game Day	28 Say It Out Loud	29 Chair Yoga	30 Field Trip The Gloucester Scarecrow Festival	31 Watercolor Painting With Daisy

Experience our Tuesday, Wednesday, and Thursday activities firsthand at the Dwares JCC, or join us virtually LIVE on ZOOM!

[Click Here to Access Zoom](#)
or look for Neal's
Weekly Email!

Mondays are held at the JCC,
and Friday at Temple Sinai,
unless otherwise noted.

UPCOMING EVENTS

Field Trip
Tuesday 9/30
The Providence Police
Mounted Command

Field Trip
Thursday October 30
The Gloucester
Scarecrow Festival

If you use email and do not
already receive emails from us,
please contact
neal@jcsri.org