



JCS' Kosher Senior Café

SEPTEMBER 2025 MEALS



MON	TUE	WED	THU	FRI
1 Closed Labor Day	2 Caesar Salad Swedish Meatballs Egg Noodles Carrots Fresh Fruit	3 Vegetable Soup Spinach Pie Lentils and Rice Fresh Fruit	4 100% Juice Mushroom Pizza Caesar Salad Fresh Fruit	5 Chicken Soup Pesto Chicken Bowties Sautéed Zucchini Peach Crisp Challah
8 100% Orange Juice Cheese / Fruit Blintzes Tossed Salad Sour Cream Fresh Fruit	9 Tomato Soup Grilled Cheese & Tomatoes Homefries Fresh Fruit	10 Onion Soup L/S Hot Dog Baked Beans Coleslaw Fresh Fruit	11 Tossed Salad Vegetarian Chili Baked Potato Shredded Cheese Fruit	12 Corn Chowder Orange Glazed Salmon Rice Pilaf Green Beans Cake Challah
15 Tomato Juice Vegetable Quesadilla Sour Cream Yellow Rice w/ Beans Vanilla Pudding	16 Tossed Salad Spinach Quiche Yogurt Melon	17 Vegetable Soup Grilled Chicken Sweet Potatoes Green Beans Fresh Fruit	18 Israeli Salad Falafel Hummus Pita Bread Fresh Fruit	19 Chicken Soup Moroccan Chicken Rice Pilaf Peas and Carrots Sugar Cookies Challah
22 Bean Soup Cheese Ravioli Marinara Sauce Mixed Vegetables Fresh Fruit	23 Closed Rosh Hashanah	24 Closed Rosh Hashanah	25 Mushroom Barley Soup Chef Salad w/ Tuna & Egg Multi Grain Bread Tapioca Pudding	26 Chicken Soup Stuffed Cabbage Mashed Potatoes Glazed Carrots Apple Cake Challah
29 Barley Soup Salmon Salad Bagels Lettuce, Tomato, Onion Melon	30 100% Juice Deli Sandwich Vegetable Sticks L/S Chips Fresh Fruit	Seniors and adults with disabilities of all faiths and backgrounds are welcome to attend.		

Meals are served

Monday - Thursday at
The Dwares JCC
 401 Elmgrove Ave
 Providence, RI
 Monday - Thursday

and at

Temple Sinai
 30 Hagen Ave, Cranston, RI
 on Friday

Reservations are required
 Please call Neal Drobnis
 401-421-4111 X 107

Suggested \$3.00 Donation

Contact Tim at
Blackstone Health with
 concerns regarding
 food allergies: 401-365-1101

Join us on Zoom or in-person
 for Activities before lunch!
 See back side for
 the weekly schedule!

Sponsored by



**Blackstone
 Health**



Kosher Senior Café

- The Kosher Senior Café, held in Providence (Monday–Thursday) and in Cranston (Friday), offers delicious kosher lunches and an opportunity to socialize. For those who are unable to travel, JCS also offers Kosher Meals on Wheels.
- Activities and entertainment contribute to the social atmosphere, drawing attendees into a vibrant community.
- All seniors (regardless of religion) age 60 and older, as well as younger adults with a disability, are eligible to dine at the Kosher Senior Café.
- Reservations are required two days in advance for meals. There is a suggested donation of \$3 per meal to help cover costs of the café. (All donations are made anonymously, and no eligible participant will be turned away if they are unable to donate.) There is no charge for scheduled social activities.

SEPTEMBER 2025 ACTIVITIES

Experience our Tuesday, Wednesday, and Thursday activities firsthand at the Dwares JCC, or join us virtually LIVE on ZOOM!

[Click Here to Access Zoom](#)
or look for Neal's Weekly Email!

Mondays are held at the JCC, and Friday at Temple Sinai, unless otherwise noted.

UPCOMING EVENTS

Field Trip
Tuesday 9/30
The Providence Police
Mounted Command

Field Trip
Thursday October 30
The Glocester
Scarecrow Festival

If you use email and do not already receive emails from us, please contact neal@jcsri.org

MON	TUE	WED	THU	FRI
Closed Labor Day ¹	The Work of Art ²	The Work of Chair Yoga ³	Living to Work or Working to Live ⁴	URI Pharmacy Direct to Consumer Advertising ⁵
The Work of Poetry ⁸	The Work of Recovering from a Flood ⁹	 The Work of Chair Yoga ¹⁰	The Jewish Victims of September 11 th ¹¹	the Work of Bingo ¹²
The Work of Scrabble ¹⁵	The Work of Super Hero's ¹⁶	 The Work of Chair Yoga ¹⁷	The Work of Reading Book Club ¹⁸	The Work of Birthday Music Vini Ames ¹⁹
The Work of Making Tarts with Sherri ²²	Closed for Rosh Hashanah ²³	Closed for Rosh Hashanah ²⁴	The Work of New Year, New You ²⁵	The Work of Watercolor Painting ²⁶
The Work of Uno ²⁹	Field Trip The Work of The Providence Police Mounted Command ³⁰			